

SUPPLEMENTAL SERVICES PROPOSAL

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Overview

This proposal documents the intent of South Dakota’s MFP program (aka Home Again SD) to add supplemental service opportunities. Under the MFP demonstration, supplemental services are one-time services to support an MFP participant’s transition that are otherwise not allowable under the Medicaid program.

- Specifically, we aim to address the following as outlined by CMS:
- barriers to community transition for eligible individuals in institutions:
- increase community transition rates, and:
- increase the effectiveness of the MFP demonstration.

South Dakota’s MFP program supports those moving to the community following at least a 60-day residency at a nursing facility, state developmental center, or at a hospital.

Based on a significant increase in expenses for essential items, the initial amount that is offered one-time does not appropriately assist in preparing a sustainable residence in the community, therefore, the supplemental services requested here would establish a more sufficient level of care and meet the needs of each person to be successful when transitioning to the community.

Person-Centered Planning

These services will be made available to MFP participants who meet qualifying eligibility criteria and will be delivered based on interviews performed by transition coordinators designed to help ensure a transition plan that is person-centered and caters to the wants and needs of the individual. This includes discussing and documenting the following:

- Nutrition, meals, and meal preparation services.
- Personal items including but not limited to, toiletries and clothing.
- Essentials to meet health and welfare needs for the participants including but not limited to, home modifications, readiness, appliances, and seasonal supports.
- Community-based housing options including but not limited to, application fees, seasonal essentials, and safety supplies.

Target Population

Supplemental services will be aimed at the current MFP target population which consists of elderly, physically disabled adults, or intellectually/developmentally disabled adults.

Supplemental Services Categories

Short – Term Housing Assistance

South Dakota MFP will continue to review this option as a possibility for program recipients.

Food Security

Provide a 30-day stocking of groceries/pantry items, as well as personal items and some clothing when an essential need.

Payment for Activities Prior to Transitioning from an MFP-qualified inpatient facility

Provide essentials to meet health and welfare needs for the participants such as home modifications, readiness, appliances, and seasonal supports.

Payment for Securing a Community-Based Home

Provide housing application fees as need and essentials for all seasons and safety.

Evaluation of Services

This section will provide a description of how the state will test and evaluate the service to determine whether the service contributes to the successful transition and community functioning of an MFP participant.

Short – Term Housing Assistance

South Dakota MFP will continue to review this option as a possibility for program recipients, once partnership issues have been resolved.

Food Security

Document the maximum amount of food assistance available per recipient through MFP-funded supplemental services.

- MFP would provide \$800 per individual for groceries, including fruits, vegetables, dairy, meat, and grain products and baking items, food storage options, etc. All grocery items purchased would meet standards for SNAP & WIC approved items. (See Attachment A for a detailed listing of options.)
- An additional \$700 each would allow for other pantry necessities such as cleaning supplies; as well as personal care items (shampoo/conditioner, soap, toothbrush/paste, floss, deodorant, tissues, razor, shaving cream, feminine products, & other necessities). (See Attachment B for a detailed listing.)

Describe the strategies for developing, strengthening, & maintaining partnerships food assistance programs.

- The Department of Social Services administers a Supplemental Nutrition Assistance Program (SNAP) to individuals and families across the State. SNAP helps support food costs to stay healthy while regaining financial independence. The amount provided is based on household size, income, and allowable expenses. Participation helps stretch limited budgets, improve nutrition, and reduce the risk of diet-related health problems.
- South Dakota's Adult Nutrition Program targets adults aged 60 and older who are in greatest social and economic need with particular attention to: low income, minority, older individuals in rural communities, with limited English proficiency and who are at risk of institutional care. Local supports and volunteers keep these services running and are provided in numerous areas of the state by both providers and tribal providers.

Describe the recipient's plan for building local outreach & referral networks.

- SD MFP will maintain an agreement with SD DSS to forward all MFP participant's information to the local DSS office for consideration of SNAP, TANF, and other benefits.
- SD MFP will assist transition coordinators and recipients in forwarding a recommendation for Community Health Worker services to the recipient's PCP or provider of choice.

Provide assurance and describe how the state will ensure access to food assistance for MFP participants once the food assistance under the demonstration funding is no longer available.

- Through collaboration with waiver programs in SD, participants who meet qualifying criteria are allowed home delivered meals. Other recipients are allowed homemaker

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 services for meal prep in instances where the recipient lives alone or it is unfeasible for a spouse or family caregiver to prepare and administer meals.

Describe how the state will oversee and monitor any participating managed care plans that are responsible for implementing any component of the food assistance supports.

- Not applicable as managed care is not utilized in South Dakota.

Food Security				
Item	Est. Cost	Participants	Avg. Use	Total
Groceries	\$800	25	2/3 of target, or 66%	\$13,200
Personal Items	\$700	25	66%	\$11,550
Total	\$1,500	25 participants	Avg use by 2/3 target	\$24,750

PAYMENT FOR ACTIVITIES PRIOR TO TRANSITIONING

To facilitate an appropriate transition to the community, supplemental services may be provided as pre-tenancy supports for the six months prior to transition. This includes home modifications, home readiness, assistive technology devices, and seasonal supports (winter gear) but would not include groceries or personal items. Items needed will be determined through an initial interview completed by transition coordinators.

All services must be completed between 180 days prior to a transition to the community through the transition when the recipient is eligible to receive supports for the Home and Community Based Services (HCBS) waiver services. All expenses must be incurred before the recipient begins receiving waiver services. After transition MFP will no longer provide supports through supplemental services, MFP will cover these services as qualified HCBS waiver program services or MFP demonstration services.

Payment for all MFP services are made prior to transitions by the program's Transition Coordinators and provider agencies. A request for reimbursement to those agencies is submitted as soon as possible and paid within the quarter following receipt of such.

Once a need for **any** of the following items is noted, a funding request form is sent to the MFP program director by the assigned MFP Transition Coordinator. All payments for and services such as installation, repairs, or purchases etc. will occur within the 180 days prior to a targeted transition. This will be paid by the agency provider within the Transition Coordinators assigned region per recipient as contracted with MFP. The agencies provide upfront costs to ensure the service is made prior to a recipient's transition. The providers submit a request for reimbursement to MFP. MFP will approve the services for each recipient as appropriate and submit to Medicaid for payment.

Home adaptations and modifications to enhance a participant's independence.

- This may include removal, replacement, or addition of items or areas of the home that may include ramps, widening doorways, replacing flooring, modifying bathrooms, etc. The residence must be owned by the participant or have a lease with owner's approval.

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Home readiness

- Cleaning and de-bugging a home prior to the recipient returning home on an as-needed basis. Does not include cleaning and de-bugging of residence if the recipient did not previously live in before institutionalization. This does not include ongoing cleaning as it's a chore service available under the waiver.
- Includes a home inspection, if needed, to determine if safe for participant

Assistive technology

- Devices for communication and to alleviate social isolation and encourage community connections, may include a mobile phone, iPad, or tablet (this is in addition to any advanced or specialty assistive equipment), as well as providing necessary specialty equipment or training on the use of equipment to family providers, etc. to provide further support transitioning those with extensive care needs.
- These supports are available as a one-time expense. For example, payment may be made for an internet hook up fee, but not as on-going monthly payments.

Home appliances and repairs

- Support in bringing a residence up to code, making it safer and more accessible (as a one-time service and would not cover on-going chore services as already covered by the state's HOPE waiver) This would be limited to essential items such as a refrigerator, furnace, water heater, air conditioning, microwave, and stove.

Sustaining a safe, prepared home for every season

- Seasonal preparedness in South Dakota is essential - winters can be harsh. This would allow the purchase of winter preparedness warm clothing items such as a winter coat, hats, gloves, scarves, and boots, and anti-slip mats. This would be available for the winter season immediately following the recipients transition into the community only. These are purchase one-time at either the point of transition or just prior to their first winter season in the community and within their 365 days of services.
- To ensure safety within a home, regardless of the season, we would also provide each of the items as a one-time purchase per recipient:
 - A fire extinguisher & a safety survival kit to utilize during a potentially hazardous storm and/or power outages. The kits may include bottled water and non-perishable items for a few days, a National Oceanic and Atmospheric Administration (NOAA) weather radio, a flashlight, batteries, a first aid kit, a blanket, and information on what to do in case of an emergency.

PAYMENT FOR ACTIVITIES PRIOR TO TRANSITIONING FROM AN MFP-QUALIFIED INPATIENT FACILITY				
Item	Est. Cost	Participant	Avg. Use 2/3 target (66%)	Total
Home Mods	\$2,500	25	66%	\$41,250
Home Readiness	\$1,000	25	66%	\$16,500
Asst. Technology	\$2,500	25	66%	\$41,250
Essential Appliances	5,000	25	66%	\$82,500
Seasonal Supports	\$1,000	25	66%	\$16,500

Total	\$12,000	25 participants	Avg use by 2/3 target	\$198,000
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PAYMENT FOR SECURING A COMMUNITY-BASED HOME

Application fees (up to 8 rental applications, or a maximum of \$280 per person) and/or cover fees to obtain appropriate documents required for such applications (state issued ID, birth certificate, etc.). Many times, a recipient may only need a few applications before being accepted. However, some recipients may need to apply numerous times some up to 10 or 12 times to different locations due to their past barriers not making them the most alluring to rent to (such as a history of hoarding, damage/uncleanliness to prior rentals, or even criminal histories that may limit them from several housing units.)

Essential repairs would provide minor and essential (non-cosmetic) repairs to a home. This would be for items in the home that may pose health or safety hazards such as no heat, no water, and low-cost plumbing issues. This would be to possibly ensure heating/cooling systems are operational and efficient, that appliance essential to sanitation and health of the home. This could be provided by a plumber, electrician, or maintenance or service utility worker. The property must be owner occupied to receive such services.

PAYMENT FOR SECURING A COMMUNITY-BASED HOME				
Item	Est. Cost	Participant	Avg. Use 2/3 target (66%)	Total
Applications	\$280	25	66%	\$4,620
Essential Repairs	\$2,000	25	66%	\$33,000
Total	\$2,280	25 participants	Avg= 2/3 target	\$37,620

Evaluation of Services

Success of Transitions

This outcome aims to measure the percentage of recipients receiving supplemental services who achieved 365+ days without re-institutionalization. This percentage can then be compared to those recipients not receiving supplemental services.

Quality of Life Post - Transition

This outcome aims to measure the percent of recipients who reported higher quality of life (QoL) scores at their 11- & 24-month surveys compared to their initial QoL survey.

A secondary measurement will compare the percentage of recipients receiving supplemental services whose QoL survey scores increased to those recipients not receiving supplemental services.

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Supplemental Services Overview		
Service	Description	Support
Food Security	Grocery and household pantry stocking	30 days, prices at reasonable market rate; applicable to SNAP guidelines. (\$1,500)
Payment for Activities Prior to Transitioning	Home modifications	The initial \$2,500.00 would be made available immediately to each. Additional funds may be available upon request based on need.
	Initial cleaning/inspection	Allowable one-time prior to move-in (\$400)
	Advanced Assistive Technology	The initial \$2,500 would be made available immediately to each. Additional funds available upon request based on need.
	Essential appliances (can't be used to replace functional appliance)	\$5,000.00 available immediately. (Funds may be used for repairs with a cost no more than the replacement value. All reasonably priced.)
	Safe seasonal Supports	
		Seasonal apparel, \$500.; Survival kits, \$200
Payment for Securing a Community-Based Home	Application Fees (may include required docs; ID, SS card, etc. necessary to obtain ID)	\$35 per application up to 8 applications; or for a total of \$280.00 available per person
	Essential appliances	\$2,000.00 in additional funds may also be available if necessary (\$5k avail pre-transition + \$2k avail post-transition) Again, funds may be used for repairs with a cost no more than the replacement value.

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Summary Cost of Supplemental Services				
Supplemental Service	Amount Per Person	Targeted 2023 Transitions	Total Cost for All Transitions	Total (x avg use of 2/3 or 66%)
Short-Term Housing Assistance	\$5,000	25	\$125,000	\$82,500
Food Security	\$1,500	25	\$37,500	\$24,750
Activities Prior to Transitioning	\$9,500	25	\$237,500	\$156,750
Securing a Home	\$2,280	25	\$ 57,000	\$37,620
TOTAL	\$18,280	25	\$582,000	\$301,620 <i>Total Amount Requested</i>

ATTACHMENT A. – Food Security, Grocery items, Pantry stocking

PANTRY STOCKING

*These are a one-time purchase and not reoccurring.

Any alcohol or cigarettes or anything relative to such (cartridges, vape pens, etc.) are NOT covered.

MFP Participant Name: _____ **Date:** _____

GROCERY ITEMS

Fruits

_____	Apples	_____	Kiwi	_____	Plums	_____	Applesauce
_____	Bananas	_____	Oranges	_____	Cantaloupe	_____	Watermelon
_____	Berries	_____	Peaches	_____	Mangos	_____	Lemon
_____	Grapes, red / green	_____	Pears	_____	Pineapple	_____	Lime

Vegetables

_____	Asparagus	_____	Celery	_____	Mushrooms	_____	Spinach
_____	Broccoli	_____	Corn	_____	Onions	_____	Squash
_____	Carrots	_____	Cucumbers	_____	Peppers	_____	Zucchini
_____	Cauliflower	_____	Lettuce	_____	Potatoes	_____	

Frozen

_____	Fish Sticks	_____	Pizza	_____	Fries	_____	
_____	Sausage	_____	Ice Cream	_____	Waffles	_____	
_____	Dinners	_____		_____		_____	

Protein

_____	Beef	_____	Ham	_____	Beans	_____	Nuts
_____	Chicken	_____	Turkey	_____	Peanut butter	_____	
_____		_____		_____		_____	

Dairy

_____	Cow's Milk	_____	Almond Milk	_____	Yogurt	_____	Cream cheese
_____	Butter	_____	Eggs	_____	Cottage cheese	_____	Cheese shredded /slices

Grains

_____	Bread	_____	Rice	_____	Tortillas	_____	Taco shells
_____	Pasta noodles	_____	Bagels	_____	Buns/Rolls	_____	Granola Bars
_____	Hot Cereals	_____	English muffin	_____	Pita bread	_____	Cold cereals

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PANTRY STOCKING continued . . .							
Condiments							
_____	Ketchup	_____	Pasta sauce	_____	Salt/Pepper	_____	Garlic
_____	Mustard	_____	Syrup	_____	Cinnamon	_____	Onion
_____	Honey	_____	Salad dressing	_____	Jam	_____	Salsa
_____	Oregano	_____	Vanilla	_____	Ginger	_____	Cilantro
Baking							
_____	Flour	_____	Sugar	_____	Sugar subst.	_____	Mix
Snacks							
_____	Cookies	_____	Chips	_____		_____	Pretzels
_____		_____		_____		_____	
Other							
_____	Soup	_____	Crackers	_____	Baking supplies	_____	Juice / Pop
_____	Tuna	_____	Salmon	_____	Water	_____	Coffee
_____	Shrimp	_____	Avocados	_____	Sports Drink	_____	Tea
Supplies - Kitchen							
_____	Aluminum foil	_____	Napkins	_____	Paper towels	_____	Sandwich bags
_____	Dish soap	_____	Hand soap	_____	Saran wrap	_____	Mop / Bucket
_____	Garbage bags	_____	Cleaning wipes/spray	_____	Sponges	_____	
Supplies – Bathroom / Cleaning							
_____	Toilet paper	_____	Broom	_____	Cleaning wipes / spray	_____	Glass cleaner
_____	Detergent	_____	Dustpan	_____		_____	
Supplies- Office							
_____	Pens	_____	Notebook	_____	Envelopes	_____	Glue
_____	Pencils	_____	Tape	_____	Book of stamps	_____	
Supplies – Utilities							
_____	Batteries	_____	Light bulbs	_____	Flashlight	_____	Night lights

****This must be returned to your MFP Transition Coordinator who will purchase items for you****

Please note if you have any allergies here. _____

ATTACHMENT B. PERSONAL ITEMS, CLOTHING

PERSONAL ITEMS, CLOTHING		
*These are not a recurring expense. One-time purchases only.		
MFP Participant: _____ Date: _____		
Clothing Items	Preferred Style / Brand	Size
Shirts		
Pants / Shorts		
Shoes		
Belt		
Pajamas		
Bra		
Underwear		
Sweatshirt/Sweater		
Boots		
Winter Coat		
Hat		
Gloves/Mittens		
Other		
Personal Items	Preferred Style / Brand	Size
Shampoo/Conditioner		
Body Wash/Soap		
Hand soap		
Toothbrush		
Toothpaste		
Mouthwash		
Floss		
Deodorant		
Body Lotion		
Tissues		
Razor		
Shaving Cream		
Feminine Products		
Hairspray / gel / mousse		
Lip balm		
Cotton swab / balls		
Other		

ATTACHMENT C. – Housing Set-Up

SD MFP Housing Set-Up	
MFP Participant Name: _____	Date: _____

Please find a list of items that may be needed to set up a residence. Not every Money Follows the Person participant will require every item indicated below. It is important to request only those items considered to be necessary. This list also contains a guideline for expected costs. These prices are based upon purchase from a large retailer and not a specialty store. All other available resources should be explored before requesting transition funds.

Items not allowed include recreational items, such as televisions, VCR/DVDs or music systems.

KITCHEN

- Table & Chairs
- Dishes (plates, bowls, cups)
- Silverware
- Pots & Pans
- Cooking utensils (spatula, spoons, tongs)
- Food storage containers/bags
- Toaster
- Cutting Board
- Garbage can/bags

LIVING ROOM

- Couch/sofa/loveseat
- Chair
- Coffee table
- Side tables
- Lamp
- Clock

BATHROOM

- Shower curtain
- Shower rod & Hooks
- Bathmats/rugs
- Towels (bath, hand, wash)
- Toilet paper
- Toilet cleaner
- Plunger
- Garbage can/bags

UTILITY

- Fire extinguisher
- First aid kit
- Light bulbs
- Broom
- Vacuum
- Garbage bags
- Cleaning supplies
- Laundry soap
- Dryer sheets/balls

BEDROOM

- Mattress
- Box spring/frame
- Pillows
- Bedding (sheets, blanket, comforter)
- Dresser
- Nightstand
- Lamp
- Laundry basket
- Laundry detergent
- Garbage basket/bags
- Alarm clock
- Chair